



# Diocese of Arlington

## 2010 Vocation Spiritual Olympics

**WHO?** Any School, Parish Religious Education Program or Home Schooling Group with Pre-K - 8th grade students who are willing to do acts of service and sacrifice, as well as pray, that God will send us more priests, deacons and religious men and women to serve our Church.

**WHAT?** Acts of service, sacrifice and prayer identified below with a particular 'Winter Olympic Sport.'

Sport	Prayer/Service or Sacrifice	Points
BOBSLED	Say 10 minutes of extra-prayer time during the day	1
HOCKEY	Spend 15 minutes helping someone in need	1
FIGURE SKATING	Say the Rosary (1) Mystery or (5) Decades	1
SPEED SKATING	Spend 10 minutes reading about a particular saint	1
SKI JUMPING	Spend 10 minutes reading the Bible	1
CROSS COUNTRY SKIING	Make the Stations of the Cross at home or in church	1
SLALOM SKIING	Spend 15 minutes visiting Jesus in the Blessed Sacrament	1
GIANT SLALOM SKIING	Go to Mass	1

**WHERE?** At home, at school, in church, at a friend's house or even during your ride or walk to school.

**WHEN?** For seven full days, during **NATIONAL VOCATIONS AWARENESS WEEK**  
*Sunday, January 10 - Saturday, January 16, 2010*

**WHY?** To have more, and more holy and wiser priests, deacons, brothers and sisters. To receive countless other blessings for your diocese, your teachers, your fellow students and your families. To have your school, parish or home schooling group recognized as 'Spiritual Champions'. Gold, Silver and Bronze awards will be given to the first, second and third place schools, parish religious education programs and home schooling groups that have the three top point scores divided by the number of students. The different competition and award categories are listed below.

**HOW?** At the end of the Vocations Olympics, (Saturday, January 16, 2010), each participating student completes their copy of the attached **Student Point-Tracking Sheet** and turns it in, the next day or class period, to their teacher. Teachers tally the totals for their class and forward them to their Principal, D.R.E or Home Schooling Coordinator. The totals for the school, parish or home schooling group are then submitted to the Office of Vocations on the attached **School/Parish/Home School Group Point-Tracking Sheet**, no later than, February 1, 2010. Winners will be announced in the Arlington Catholic Herald Newspaper and awards will be presented in February.

### COMPETITION CATEGORIES

No.	Category	Gold	Silver	Bronze
1	Catholic Schools	G1	S1	B1
2	Parish Religious Education Programs (CCD)	G2	S2	B2
3	Home Schooling Groups	G3	S3	B3

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# Student Point-Tracking Sheet

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Teacher Name: \_\_\_\_\_

School/Parish/Home School Group: \_\_\_\_\_

SPORT	Sunday Jan. 10th	Monday Jan. 11th	Tuesday Jan. 12th	Wednesday Jan. 13th	Thursday Jan. 14th	Friday Jan. 15th	Saturday Jan. 16th	Sport Total
 BOBSLED								
 HOCKEY								
 FIGURE SKATING								
 SPEED SKATING								
 SKI JUMPING								
 CROSS COUNTRY SKIING								
 SLALOM SKIING								
 GIANT SLALOM SKIING								
<b>GRAND TOTAL</b>								

Sport	Prayer/Service or Sacrifice	Points
BOBSLED	Say 10 minutes of extra-prayer time during the day	1
HOCKEY	Spend 15 minutes helping someone in need	1
FIGURE SKATING	Say the Rosary (1) Mystery or (5) Decades	1
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## 2010 Vocation Prayer Card Contest (Grades K-8)

- WHO?** Any K-8<sup>th</sup> student in our Catholic Schools, Parish Religious Education Programs or Home Schooling Groups who desire to put their God given creative talents to use in service of the Church.
- WHAT?** On an 8 ½” x 11” piece of paper, in 50 words or less, compose a simple prayer for vocations to be used on our soon to be produced **CHILDREN’S VOCATION PRAYER CARD**, and/or draw on a separate 8 ½” x 11” sheet of paper a picture that could be used on the front of this card.
- WHERE?** This could be done in school, in your parish religion class, or at home.
- WHEN?** To be completed during, or around **NATIONAL VOCATIONS AWARENESS WEEK**  
*Sunday, January 10 - Saturday, January 16, 2010*
- WHY?** To have a new prayer card for the children of our diocese to use everyday to remind them to ask God to send us more, and more holy and wise priests, deacons, brothers and sisters. To receive countless other blessings for our diocese, our teachers, our fellow students and our families.
- HOW?** At the end of the National Vocations Awareness Week Vocations (Saturday, January 16, 2010), each participating student turns in, to their teacher, the vocation prayer and/or drawing that they have completed. Teachers then forward these to their Principal, D.R.E or Home Schooling Coordinator. The school, parish or home schooling group then send these to the Office of Vocations, no later than, February 1, 2010. All prayers and drawings received by this date will be carefully reviewed and a final winner selected. The selected winning prayer and drawing will be announced and published in the Arlington Catholic Herald Newspaper. **CHILDREN’S VOCATION PRAYER CARDS**, incorporating the winning prayer and drawing, will then be printed and made available to all schools, parish religious education programs and home schooling groups interested in placing an order.

*Please forward student vocation prayers and drawings, no later than, **Monday, February 1, 2010***  
*to:*

**DIOCESE OF ARLINGTON**  
**OFFICE OF VOCATIONS**  
**200 North Glebe Road, Suite 901**  
**Arlington, VA 22203**  
Tel: (703) 841-2514  
Fax: (703) 841-8472