

# PARENTS of TEENS; UNITE!

Saturday, October 9, 2010; a mini-retreat JUST FOR YOU!

Be supported in your role as a parent of a teen, through prayer, informative workshops, discussions, and laughter.

**Topics:** Mini-workshop topics include highlights of John Paul II's Theology of the Body, Spirituality for Families, Teen Transitions, Crisis Issues, and Teen Culture.

**Cost** is \$25 per person or \$40 per couple, dinner included

**Location:** Sacred Heart Catholic Church, 12975 Purcell Road, Manassas VA 20112

**When:** Saturday, October 9, 2010 from 3 PM – 8 PM, followed by coffee and dessert



Keynote speaker, **Jim Beckman** has more than 20 years of experience in youth ministry in various positions of leadership on both the parish and national level. He has also served as the Director of Catechesis for the National LIFE TEEN Program, Director of Youth and Young Adult Ministry for St. Frances Cabrini Parish in Littleton, CO, and as liaison to the US Conference of Bishops. Jim is a passionate and dynamic speaker! Recognized nationally, he has spoken to hundreds of thousands of young people over the years. Jim is part of the developing team for the Arlington Diocese Certificate in Youth Ministry program. He is a husband and father, and approaches parenting with lots of love and humor.

**Theology of the Body** - This session will go over a brief summary of JP II's Theology of the Body which explains the "why" of what the Church teaches about our bodies and the beauty of chastity. This is a relevant topic to all parents, whether you think it is or not. This session also briefly touches on pornography, which is a problem amongst so many teens today.

**Spirituality for Families** - In this session we will talk about the value of praying together as a family and show practical ways to begin or enhance your prayer lives. This session will answer the question of how to pray together!

**Teen Culture** - Teens and young adults will come together in this session to talk about teen culture. Whether it is music, television, Facebook, what is really going on at school, or what it is teens want and need from their parents, this session will answer it all in a real way. Our panel will answer questions and give insights into how teens think.

**Teen Transitions** - whether you have teens transitioning from middle to high school or high school and beyond or if your teens have or will have moved, changed schools, or been through a divorce, this session highlights how you as parents can help your teen through these transitions.

**Crisis Issues** - Many parents are taken by surprise when a crisis situation enters into the life of their teens. This session talks about many possible issues and how parents can be supportive of their teens if they or their friends struggle with substance abuse, cutting, depression, the death of a loved one, etc. This session will also help identify problems and look at conflict resolution.

# Parents of Teens; UNITE! Mini - Retreat

## Registration Form

Name \_\_\_\_\_

Parish \_\_\_\_\_

Home Phone \_\_\_\_\_

Email \_\_\_\_\_

I am registering:

Only myself \_\_\_\_\_ \$25

My spouse & I \_\_\_\_\_ \$40

Register by October 1<sup>st</sup> to All Saints by dropping off this form and payment. Indicate your workshop sessions of choice for our planning purposes.

Registration can be mailed to All Saints, attn: Rob Tessier at 9300 Stonewall Rd., Manassas, VA 20110

Please choose two workshops:

\_\_\_\_\_ Theology of the Body (English)

\_\_\_\_\_ Theology of the Body (Spanish)

\_\_\_\_\_ Spirituality for Families

\_\_\_\_\_ Teen Culture

\_\_\_\_\_ Teen Transitions (English)

\_\_\_\_\_ Teen Transitions (Spanish)

\_\_\_\_\_ Crisis Issues

Questions or concerns contact Rob Tessier at 703-393-2141

Presented by Deanery V parishes of the Diocese of Arlington